




ACADEMIC YEAR 2018-2019

A



Events / Competitions organized by our college for the academic year 2018-2019

SR.NO	DATE OF THE EVENT	NAME OF THE EVENT	No OF THE STUDENTS PARTICIPATED
1	19/12/2018	Tug of war A1	320
2	19/12/2018	Box Cricket A2	160
3	19/12/2018	Kabaddi A3	168
4	19/12/2018	Football A4	132
5	19/12/2018	Shot put A5	50
6	20/12/2018	Race 100m A6	100
7	20/12/2018	Chess A7	80
8	20/12/2018	Carrom A8	120
9	20/12/2018	Badminton A9	160
10	20/12/2018	Long jump A10	50


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ST. ROCK'S DEGREE COLLEGE
OF COMM. & SCIENCE
M.M.C. SCHOOL BLDG.; EKSAR
BORIVALI (W), MUMBAI-92





Sports Committee (2018-2019)


NOTICE

TUG OF WAR A1

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Tug of War Tournament on 19.12.2018 in Balasaheb Thakre Ground from 9:am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Each team in a Tug of War competition consists of eight people
- There are various weight classifications in Tug of War, and the mass of the eight people combined must not weigh more than that determined by the category that they are placed in.
- The rope used should be of a circumference of approximately 11 cm and should be marked in the middle with a center line as well as two marks that should be placed 4m from the center line.
- At the start of the pull, the centerline of the rope should be immediately above line marked on the ground
- Both teams pull the rope, the winner being the team who manages to pull the mark on the rope closest to their opponents over the centerline.
- The rope must be pulled underarm and nobody's elbow must go below the knee, otherwise a foul will be called.
- Matches are often a best of three pull, the winner winning two out of the three pulls.


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Sports Committee (2018-2019)


Notice

BOX CRICKET TOURNAMENT A2

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Box Cricket Tournament on 19.12.2018 in Balasaheb Thakre Ground from 9:am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Registration for the event should be done one day prior to the Event.
- Rules and Regulation of the game will be informed at the Venue
- Team consists of 8 members
- Top teams will be awarded with certificates
- The Tournament Committee has the right to expel any player if he misbehaves during the tournament /game.
- Tournament Committee reserves the right to change the program & its decision will be final.


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Sports Committee (2018-2019)


Notice

KABADDI TOURNAMENT A3

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Kabaddi Tournament on 19.12.2018 in Balasaheb Thakre Ground from 9:00am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Two teams of seven players.
- Each match consists of two halves.
- Points are scored by raiding the opposition side.
- A successful Raid is worth two points.
- A player is out If they leave the field of play.
- The first team to score Seven points Wins.


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Sports Committee (2018-2019)


Notice

FOOTBALL TOURNAMENT A4

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Football Tournament on 19.12.2018 in Balasaheb Thakre Ground from 9:00am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Teams will be told which way they are kicking at the start of the game.
- Teams cannot score directly from a kick off.
- There is no offside.
- All free kicks and corners are direct and opposition must be 3 meters away.
- Goal kicks to be taken anywhere inside penalty area,


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Sports Committee (2018-2019)


Notice

SHOT PUT TOURNAMENT A5

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Shot Put Tournament on 19.12.2018 in Balasaheb Thakre Ground from 9:00am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Registration for the event should be done one day prior to the event.
- Rules and Regulation of the game will be informed at the Venue.
- Top 3 performers will be awarded with certificates.


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Sports Committee (2018-2019)

Notice


RACE (100M)

A6

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Running Race 100m competition on 20.12.2018 in Balasaheb Thakre Ground from 9:00am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Registration for the event should be done one day prior to the event.
- Rules and Regulation of the game will be informed at the Venue.
- Top 3 performers will be awarded with certificates
- The Tournament Committee has the right to expel any player if he/she misbehaves during the tournament /game.
- The Tournament Committee reserve the right to change the program & its decision will be final.


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Sports Committee (2018-2019)


Notice

CHES COMPETITION A7

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Chess competition on 20.12.2018 in college Library from 9:00am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Rules and regulation of the game will be informed at the venue
- Top 3 performers will be awarded with the certificate.
- The Tournament Committee has the right to expel any player if he/she misbehaves during the tournament/game.
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Notice

CARROM COMPETITION A8

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Chess competition on 20.12.2018 in college Library from 9:00 am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Rules and regulation of the game will be informed at the venue
- Top 3 performers will be awarded with the certificate.
- The Tournament Committee has the right to expel any player if he/she misbehaves during the tournament/game.
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Notice

BADMINTON COMPETITION A9

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Badminton competition on 20.12.2018 in college campus from 9:00am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Rules and regulation of the game will be informed at the venue
- Top 3 performers will be awarded with the certificate.
- The Tournament Committee has the right to expel any player if he/she misbehaves during the tournament/game.
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LONG JUMP COMPETITION A10

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Long jump competition on 20.12.2018 in college campus from 9:am onwards.

Those who are all interested give their names one day prior the event

NOTE

- Rules and regulation of the game will be informed at the venue
- Top 3 performers will be awarded with the certificate.
- The Tournament Committee has the right to expel any player if he/she misbehaves during the tournament/game.
- Tournament committee reserve the right to change the program & its decision will be final
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ACADEMIC YEAR 2019-2020

B



Events / Competitions organized by our college for the academic year 2019-2020

SR.NO	DATE OF THE EVENT	NAME OF THE EVENT	No OF THE STUDENTS PARTICIPATED
1	19/12/2019	Tug of war B1	284
2	19/12/2019	Box Cricket B2	320
3	19/12/2019	Kabaddi B3	280
4	19/12/2019	Football B4	264
5	19/12/2019	Shot put B5	50
6	20/12/2019	Race 100m B6	120
7	20/12/2019	Chess B7	160
8	20/12/2019	Carrom B8	200
9	20/12/2019	Badminton B 9	120
10	20/12/2019	Long jump B10	65


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Physical Education and sports Committee (2019-2020)


NOTICE

TUG OF WAR B1

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Tug of War Tournament on 19.12.2019 in Balasaheb Thakre Ground from 9:00 am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Each team in a Tug of War competition consists of eight people
- There are various weight classifications in Tug of War, and the mass of the eight people combined must not weigh more than that determined by the category that they are placed in.
- The rope used should be of a circumference of approximately 11 cm and should be marked in the middle with a center line as well as two marks that should be placed 4m from the center line.
- At the start of the pull, the center line of the rope should be immediately above line marked on the ground
- Both teams pull the rope, the winner being the team who manages to pull the mark on the rope closest to their opponents over the center line.
- The rope must be pulled underarm and nobody's elbow must go below the knee, otherwise a foul will be called.
- Matches are often a best of three pull, the winner winning two out of the three pulls.


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Sports Committee (2019-2020)


Notice

BOX CRICKET TOURNAMENT B2

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Box Cricket Tournament on 19.12.2019 in Balasaheb Thakre Ground from 9:00am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Registration for the event should be done one day prior to the Event.
- Rules and Regulation of the game will be informed at the Venue
- Team consists of 8 members
- Top teams will be awarded with certificates
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Sports Committee (2019-2020)


Notice

KABADDI TOURNAMENT B3

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Kabaddi Tournament on 19.12.2019 in Balasaheb Thakre Ground from 9:00am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Two teams of Seven players.
- Each match consists of Two halves.
- Points are scored by raiding the opposition side.
- A successful Raid is worth two points.
- A player is out If they leave the field of play.
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Sports Committee (2019-2020)


Notice

FOOTBALL TOURNAMENT B4

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Football Tournament on 19.12.2019 in Balasaheb Thakre Ground from 9:am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Teams will be told which way they are kicking at the start of the game.
- Teams cannot score directly from a kick off.
- There is no offside.
- All free kicks and corners are direct and opposition must be 3 meters away.
- Goal kicks to be taken anywhere inside penalty area,


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Sports Committee (2019-2020)


Notice

SHOT PUT TOURNAMENT B5

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Shot Put Tournament on 19.12.2019 in Balasaheb Thakre Ground from 9:00 am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Registration for the event should be done one day prior to the event.
- Rules and Regulation of the game will be informed at the Venue.
- Top 3 performers will be awarded with certificates.


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Sports Committee (2019-2020)

Notice


RACE (100M)

B6

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Running Race 100m competition on 20.12.2019 in Balasaheb Thakre Ground from 9:00 am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Registration for the event should be done one day prior to the event.
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Sports Committee (2019-2020)

Notice

CHESS COMPETITION B7

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Chess competition on 20.12.2019 in college Library from 9:00 am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Rules and regulation of the game will be informed at the venue
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- The Tournament Committee has the right to expel any player if he/she misbehaves during the tournament/game.
- Tournament committee reserve the right to change the program & its decision will be fine





Sports Committee (2019-2020)


Notice

CARROM COMPETITION B8

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Chess competition on 20.12.2019 in college Library from 9:am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Rules and regulation of the game will be informed at the venue
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VC PRINCIPAL
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Sports Committee (2019-2020)

Notice


BADMINTON COMPETITION

B9

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Badminton competition on 20.12.2019 in college campus from 9:00am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Rules and regulation of the game will be informed at the venue
- Top 3 performers will be awarded with the certificate.
- The Tournament Committee has the right to expel any player if he/she misbehaves during the tournament/game.
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Sports Committee (2019-2020)

Notice


LONG JUMP COMPETITION B10

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Long jump competition on 20.12.2019 in college campus from 9:00am onwards.

Those who are all interested give their names one day prior the event

NOTE

- Rules and regulation of the game will be informed at the venue
- Top 3 performers will be awarded with the certificate.
- The Tournament Committee has the right to expel any player if he/she misbehaves during the tournament/game.
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- The decision made by the committee will be final.


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Academic year


2020- 2021

C



Events / Competition Organised by our college for the Academic Year 2020-21

Sr. No	Date of Event	Name of the Competition	No. of students participated
1	21.1.2021	Yoga Session C1	85
2	24.1.2021	Quiz Competition C2	52
3	22.1.2021	Push up Challenge C3	25
4	22.1.2021	Debate Competition C4	40


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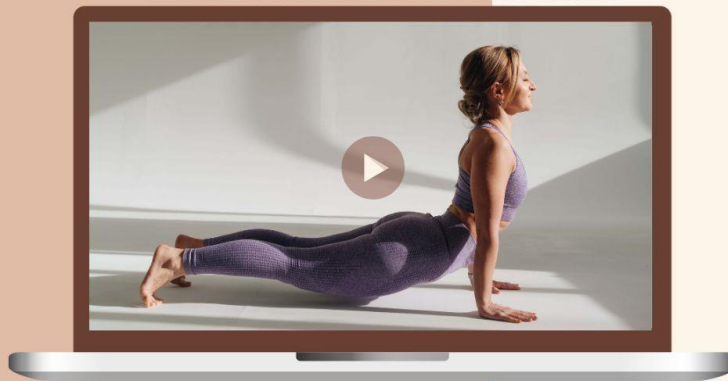


GLIMPSES OF ABOVE COMPETITION

Online Yoga Session C1


SHRI HARI EDUCATIONAL TRUST'S
ST. ROCK'S DEGREE COLLEGE OF COMMERCE & SCIENCE
(AFFILIATED TO MUMBAI UNIVERSITY)
BORIVALI (WEST), MUMBAI -92

ZOOM SESSIONS
On 21st Jan 2021 At 8.00a.m.



ENJOY ONLINE YOGA

in the comfort of home


I/C PRINCIPAL
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Online Quiz Competition C2

SHRI HARI EDUCATIONAL TRUST'S
ST. ROCK'S DEGREE COLLEGE OF
COMMERCE & SCIENCE
(Affiliated to Mumbai University)
Borivali (West) ,Mumbai -92


THE COMMERCE DEPARTMENT PRESENTS

FOR DEGREE Get ready and bring your A-game!

QUIZ SHOW?

Join us for an electrifying evening of knowledge and fun at the Quiz Show Competition!

JAN 24


I/C PRINCIPAL
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Online pushup challenge at home C3


SHRI HARI EDUCATIONAL TRUST'S
ST. ROCK'S DEGREE COLLEGE OF COMMERCE & SCIENCE
(Affiliated to Mumbai University)
Borivali (West), Mumbai -92


PUSH-UP & SQUAT CHALLENGE

Find Stillness in Motion. Rise to the Challenge.

22 January 2021
at 9AM

 [Google Meet](#)


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Online Debate Competition C4

SHRI HARI EDUCATIONAL TRUST'S
ST. ROCK'S DEGREE COLLEGE OF COMMERCE & SCIENCE
(Affiliated to Mumbai University)
Borivali (West) ,Mumbai -92


Debate Competition

Show your persuasive prowess and stand in the spotlight! Join us for a stimulating event that improves your argumentation, public speaking, and critical thinking abilities.



22 JAN 2021 | 10.00 AM - 12.00 NOON
Online mode

Don't pass up the opportunity to show off your oratory abilities and participate in intellectually interesting arguments.


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Academic year


2021- 2022

D



Events / Competition Organised by our college for the Academic Year 2021-22

Sr. No	Date of Event	Name of the Competition	No. of students participated
1	21.1.2022	Yoga Session D1	92
2	21.1.2022	Quiz Competition D2	55
3	22.1.2022	Skipping challenge at home D3	32
4	24.1.2022	Debate Competition D4	42


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Online yoga session D1


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(AFFILIATED TO MUMBAI UNIVERSITY)
BORIVALI (WEST), MUMBAI -92

ONLINE
YOGA SESSION
Relax yourself from a busy life

————— o o o —————

Date : 21st Jan 2022
Time : 08.00 a.m.-9.00 a.m.




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Online quiz competition D2

**SHRI HARI EDUCATIONAL TRUST'S
ST. ROCK'S DEGREE COLLEGE OF COMMERCE & SCIENCE
(AFFILIATED TO MUMBAI UNIVERSITY)
BORIVALI (WEST) ,MUMBAI -92**

QUIZ!

Don't miss our Quiz fun at online mode!
Come on and show your knowledge in
an interactive quiz that is fun and
challenging with your friends.

21st Jan , 2022 11.00a.m. onwards


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Online Skipping challenge at home D3

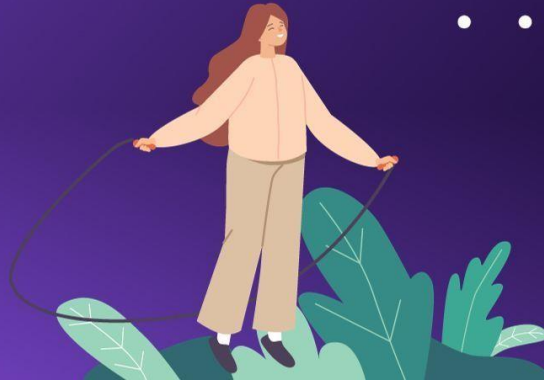
SHRI HARI EDUCATIONAL TRUST'S
ST. ROCK'S DEGREE COLLEGE OF COMMERCE & SCIENCE
(AFFILIATED TO MUMBAI UNIVERSITY)
BORIVALI (WEST), MUMBAI -92

Skipping Rope Challenge

Online Mode

Date : 22nd Jan 2022

Time : 08.00a.m. onwards



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Online debate competition D4

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(AFFILIATED TO MUMBAI UNIVERSITY)
BORIVALI (WEST), MUMBAI -92

DEBATE



JAN 24TH
GOOGLE MEET
TIME - 11.00 A.M

**DOES METRO HELP IN
REDUCING TRAFFIC ?**

V/C PRINCIPAL
ST. ROCK'S DEGREE COLLEGE
OF COM & SCIENCE
M.M.C. SCHOOL BLDG., EKSAR
BORIVALI (W), MUMBAI-92






ACADEMIC YEAR 2022-2023

E



Events / Competitions organized by our college for the academic year 2022-2023

SR.NO	DATE OF THE EVENT	NAME OF THE EVENT	No OF THE STUDENTS PARTICIPATED
1	19/12/2022	Tug of war E1	580
2	19/12/2022	Box Cricket E2	284
3	19/12/2022	Kabaddi E3	112
4	19/12/2022	Football E4	176
5	19/12/2022	Shot put E5	20
6	20/12/2022	Race 100m E6	120
7	20/12/2022	Chess E7	64
8	20/12/2022	Carrom E8	104
9	20/12/2022	Badminton E9	120
10	20/12/2022	Long jump E10	80


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Sports Committee (2022-2023)


NOTICE

TUG OF WAR E1

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Tug of War Tournament on 19.12.2022 in Balasaheb Thakre Ground from 9:00 am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Each team in a Tug of War competition consists of eight people
- There are various weight classifications in Tug of War, and the mass of the eight people combined must not weigh more than that determined by the category that they are placed in.
- The rope used should be of a circumference of approximately 11 cm and should be marked in the middle with a center line as well as two marks that should be placed 4m from the center line.
- At the start of the pull, the center line of the rope should be immediately above line marked on the ground
- Both teams pull the rope, the winner being the team who manages to pull the mark on the rope closest to their opponents over the center line.
- The rope must be pulled underarm and nobody's elbow must go below the knee, otherwise a foul will be called.
- Matches are often a best of three pull, the winner winning two out of the three pulls.


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Notice

BOX CRICKET TOURNAMENT E2

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Box Cricket Tournament on 19.12.2022 in Balasaheb Thakre Ground from 9:am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Registration for the event should be done one day prior to the Event.
- Rules and Regulation of the game will be informed at the Venue
- Team consists of 8 members
- Top teams will be awarded with certificates
- The Tournament Committee has the right to expel any player if he misbehaves during the tournament /game.
- The Tournament Committee reserve the right to change the program & its decision will be final.


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Notice

KABADDI TOURNAMENT E3

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Kabaddi Tournament on 19.12.2022 in Balasaheb Thakre Ground from 9:00 am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Two teams of Seven players.
- Each match consists of Two halves.
- Points are scored by raiding the opposition side.
- A successful Raid is worth two points.
- A player is out If they leave the field of play.
- The first team to score Seven points Wins.


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Notice

FOOTBALL TOURNAMENT E4

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Football Tournament on 19.12.2022 in Balasaheb Thakre Ground from 9:am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Teams will be told which way they are kicking at the start of the game.
- Teams cannot score directly from a kick off.
- There is no offside.
- All free kicks and corners are direct and opposition must be 3 meters away.
- Goal kicks to be taken anywhere inside penalty area.


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Sports Committee (2022-2023)


Notice

SHOT PUT TOURNAMENT E5

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Shot Put Tournament on 19.12.2022 in Balasaheb Thakre Ground from 9:00 am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Registration for the event should be done one day prior to the event.
- Rules and Regulation of the game will be informed at the Venue.
- Top 3 performers will be awarded with certificates.


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Notice

RACE (100M) E6

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Running Race 100m competition on 20.12.2022 in Balasaheb Thakre Ground from 9:am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Registration for the event should be done one day prior to the event.
- Rules and Regulation of the game will be informed at the Venue.
- Top 3 performers will be awarded with certificates
- The Tournament Committee has the right to expel any player if he/she misbehaves during the tournament /game.
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Notice

CHES COMPETITION E7

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Chess competition on 20.12.2022 in college Library from 9:00 am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Rules and regulation of the game will be informed at the venue
- Top 3 performers will be awarded with the certificate.
- The Tournament Committee has the right to expel any player if he/she misbehaves during the tournament/game.
- Tournament committee reserves the right to change the program & its decision will be final.


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Sports Committee (2022-2023)


Notice

CARROM COMPETITIONES

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Chess competition on 20.12.2022 in college Library from 9:am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Rules and regulation of the game will be informed at the venue
- Top 3 performers will be awarded with the certificate.
- The Tournament Committee has the right to expel any player if he/she misbehaves during the tournament/game.
- Tournament committee reserve the right to change the program & its decision will be fine


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Sports Committee (2022-2023)


Notice

BADMINTON COMPETITION E9

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Badminton competition on 20.12.2022 in college campus from 9:00 am onwards. Those who are all interested give their names one day prior to the event.

NOTE

- Rules and regulation of the game will be informed at the venue
- Top 3 performers will be awarded with the certificate.
- The Tournament Committee has the right to expel any player if he/she misbehaves during the tournament/game.
- Tournament committee reserve the right to change the program & its decision will be fine
- The decision made by the committee will be final.


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Sports Committee (2022-2023)


Notice

LONG JUMP COMPETITION

This is to inform that the Sports Committee of St Rock's Degree college of commerce and science is Organizing inter department Long jump competition on 20.12.2022 in college campus from 9:00am onwards. Those who are all interested give their names one day prior the event

NOTE

- Rules and regulation of the game will be informed at the venue
- Top 3 performers will be awarded with the certificate.
- The Tournament Committee has the right to expel any player if he/she misbehaves during the tournament/game.
- Tournament committee reserve the right to change the program & its decision will be fine
- The decision made by the committee will be final.


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CRITERIA 5.3.2

Student participation and activities



ACADEMIC YEAR

2018-19


F



CIRCULAR

We hereby announce with zeal and spirit the 'ROCKING DOLPH CULTURAL SPECTRUM' to be held in college premises for A.Y. 2018-19 Schedule for the same is as follows:

SR .N O	EVENT NAME	VENUE	DATE	TIME
1	SOLO- SINGING F.1	ROOM NO 304	17/12/18	9:00 AM ONWARDS
2	SOLO- DANCE F.2	GROUND FLOOR	17/12/18	9:00 AM ONWARDS
3	GROUP- DANCING F.3	GROUND FLOOR	17/12/18	9:00 AM ONWARDS
4	FASHION SHOW F.4	GROUND FLOOR	17/12/18	9:00 AM ONWARDS
5	RANGOLI F.5	ROOM NO. 303	18/12/18	10:00 AM ONWARDS
6	NAIL ART F.6	ROOM NO 201	18/12/18	10:00 AM ONWARDS
7	FACE PAINTING F.7	ROOM NO 203	18/12/18	10:00 AM ONWARDS
8	FUN N FARE F.8	GROUND FLOOR	18/12/18	10:00 AM ONWARDS


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RULES AND REGULATIONS OF THE COMPETITIONS ARE MENTIONED BELOW -

● SOLO SINGING

- No vulgar languages to be used.
- Time limit - 3 minutes
- Contestants are required to get their own Audio track / Music CD's

● SOLO DANCE

- Time limit is 2-3 minutes. ...
- The participants are requested to bring two CDs to avoid technical disturbance. ...
- No extra time shall be given for installing CDs. ...
- The participants will be judged on their costumes, visual presentation and dance form.
- There is no particular theme.

● GROUP DANCE

- Any dance form is accepted, the dance has to adhere to the theme.
- Minimum 4 maximum 8 participants.
- Vulgarity of any kind with respect to dance moves, costumes etc. will lead to disqualification.
- The music should be provided in a Pen Drive prior to the event.
- Time allotted 4+1 minute.
- No use of fire on stage.
- The dance should not end with a negative emotion

● FASHION SHOW

- Vulgarity is strongly prohibited.
- Any form of obscenity will lead to debarring the team from the contest.
- Use of cigarettes, alcohol and any unfair means is strongly prohibited.
- Teams will be judged on costumes, theme, walking stance and attitude.



- **RANGOLI**

- The maximum time limit is 2 hours.
- No electrical/ electronic help is allowed.
- Flowers /grass /edible / natural materials/ rangoli color powder is to be used.
- No paints are allowed.

- **NAIL ART**

- The design should not be too busy or too sparse.
- The art should look evenly balanced on each nail and from nail to nail.
- There should not be large portions on the surface of the nail left without design.
- The combination of artistic elements adds a feeling of equilibrium or stability to the artwork.

- **FACE PAINTING**

- It is a team event. -
- Participants should bring their own colors, brushes etc.
- Time limit is 60 minutes.
- Topic will be given on the spot.

- **FUN N' FARE**

- Participants should bring their own Raw materials and particular utensils they need to cook.
- Only Stove will be provided
- Finalists should be present on their table 45 minutes prior to the competition.
- The cooking time allotted per finalist is 1 hour
- Entries will be judged on the basis of 4 things and 10 points are allotted to each

- 1) Garnishing (10 points)
- 2) Presentation (10 points)




- 3) Taste (10 points)
- 4) Innovation (10 points)

- Winner will receive a prize worth 11,000 and a stall of 6x6 and profit sharing will be done.

PLEASE GRAB THIS OPPORTUNITY TO RAINBOW YOUR TALENT AND COMPETE FOR EXCITING PRIZES. WE LOOK FORWARD TO SEEING YOU AT THE COMPETITION.

DR. NIRJA SHARAN

PRINCIPAL


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ACADEMIC YEAR

2019-20

G



CIRCULAR

We hereby announce with zeal and spirit the 'ROCKING DOLPH CULTURAL SPECTRUM' to be held in college premises for A.Y.2019-20 Schedule for the same is as follows:

SR.NO	EVENT NAME	VENUE	DATE	TIME
1	SOLO-SINGINGG .1	ROOM NO 304	13/12/19	9:00 AM ONWARDS
2	SOLO-DANCE G.2	GROUND FLOOR	13/12/19	9:00 AM ONWARDS
3	GROUP-DANCINGG .3	GROUND FLOOR	13/12/19	9:00 AM ONWARDS
4	FASHION SHOW G.4	GROUND FLOOR	13/12/19	9:00 AM ONWARDS
5	RANGOLI G.5	ROOM NO 303	14/12/19	10:00 AM ONWARDS
6	NAIL ART G.6	ROOM NO 201	14/12/19	10:00 AM ONWARDS
7	FACE PAINTING G7	ROOM NO 203	14/12/19	10:00 AM ONWARDS
8	FUN N FARE G.8	GROUND FLOOR	14/12/19	10:00 AM ONWARDS



RULES AND REGULATIONS OF THE COMPETITIONS ARE MENTIONED BELOW -

● SOLO SINGING

- No vulgar languages to be used.
- Time limit - 3 minutes
- Contestants are required to get their own Audio track / Music CD's

● SOLO DANCE

- Time limit is 2-3 minutes. ...
- The participants are requested to bring two CDs to avoid technical disturbance. ...
- No extra time shall be given for installing CDs. ...
- The participants will be judged on their costumes, visual presentation and dance form.
- There is no particular theme.

● GROUP DANCE

- Any dance form is accepted, the dance has to adhere to the theme.
- Minimum 4 maximum 8 participants.
- Vulgarity of any kind with respect to dance moves, costumes etc. will lead to disqualification.
- The music should be provided in a Pen Drive prior to the event.
- Time allotted 4+1 minute.
- No use of fire on stage.
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A handwritten signature in blue ink, appearing to read 'Nirja Saran'.

DR. NIRJA SARAN

PRINCIPAL

A handwritten signature in blue ink, appearing to read 'Nirja Saran'.

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CRITERIA 5.3.2

Details of Cultural Programs



ACADEMIC YEAR

2020-2021


H.



CIRCULAR

We are excited to announce CULTURAL EXTRA VAGANZA to be held in
VIRTUAL MODE FOR A.Y. 2020-21

SR.N O	EVENT NAME	VENUE	DATE	TIME	NO OF STUDENTS PARTICIPATE D
1	H1. Diya Decoration	GOOGLE MEET (ONLINE)	5/11/2020	10:00am to 12:00pm	20
2	H2. Poster Competition	GOOGLE MEET (ONLINE)	15/12/2020	11:00 ONWARDS	30
3	H3. Makeup Competition	GOOGLE MEET (ONLINE)	16/12/2020	11:00 ONWARDS	25
4	H4. Elocution Competition	GOOGLE MEET (ONLINE)	16/12/2020	11:00 ONWARDS	15


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Rules and Regulations of the competitions are mentioned below —

DIYA DECORATION

- 1. Upto 3 members in a team.**
- 2. Diyas to be presented online mode on your screen.**
- 3. If any candidate found cheating he/she shall be disqualified.**
- 4. Winners will be provided with a gift hamper.**

POSTER COMPETITION

- 1. It should be original and hand made.**
- 2. The Topic of the poster and theme should be clearly mentioned at the Top Margin of the Poster.**
- 3. The audio clip should not be more than 5 minutes of duration**



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MAKE UP COMPETITION

1. Participants must submit their own original makeup looks and not copy the work of others.
2. The use of any prohibited or unsafe products or techniques is strictly prohibited.


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3. Judges' decisions are final and no appeal will be entertained.

ELOCUTION CAMP

1. The rules for an elocution competition may vary, but usually, participants are given a specific topic or theme and a time limit for their speech or recitation.

2. They may also be judged on their delivery, pronunciation, and overall presentation.


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ACADEMIC YEAR 2021-2022


I.



CIRCULAR

We are excited to announce CULTURAL EXTRA VAGANZA to be held in
VIRTUAL MODE FOR A.Y. 2021-22

SR · N O	EVENT NAME	VENUE	DATE	TIME	NO OF STUDENTS PARTICIPAT ED
1	I.1 Diya Decoration	GOOGLE MEET (ONLINE)	5/11/2021	11:00am to 1:00pm	40
2	I.2 Traditional Attire	GOOGLE MEET (ONLINE)	15/12/2021	11:00 ONWARD S	60
3	I.3 Poster Making Competition	GOOGLE MEET (ONLINE)	18/12/2021	11:00 ONWARD S	30


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4. Winners will be provided with a gift hamper.

TRADITIONAL ATTIRE

- 1. Participants must wear traditional attire that is appropriate for the competition.**
- 2. Any inappropriate or offensive attire will not be accepted.**
- 3. Judges! decisions are final and no appeals will be entertained.**



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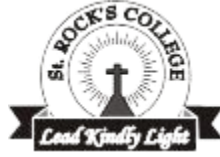


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CRITERIA 5.3.2

Student activities



ACADEMIC YEAR

2022-23


J



CIRCULAR

We hereby announce with zeal and spirit the 'ROCKING DOLPH CULTURAL SPECTRUM' to be held in college premises for A.Y.2022-23
Schedule for the same is as follows:

SR.NO	EVENT NAME	VENUE	DATE	TIME
1	SOLO-SINGING J.1	ROOM NO 304	15/12/22	9:00 AM ONWARDS
2	SOLO-DANCE J.2	GROUND FLOOR	15/12/22	9:00 AM ONWARDS
3	GROUP-DANCING J.3	GROUND FLOOR	15/12/22	9:00 AM ONWARDS
4	FASHION SHOW J.4	GROUND FLOOR	15/12/22	9:00 AM ONWARDS
5	RANGOLI J.5	ROOM NO 303	16/12/22	10:00 AM ONWARDS
6	NAIL ART J.6	ROOM NO 201	16/12/22	10:00 AM ONWARDS
7	FACE PAINTING J.7	ROOM NO 203	16/12/22	10:00 AM ONWARDS
8	FUN AND FARE J.8	COLLEGE PREMISES	16/12/22	10:00 AM ONWARDS


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● RANGOLI

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DR. NIRJA SARAN
PRINCIPAL



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